



# The Phenomenon Times

The official journal of  
The UFO & Paranormal Research Society  
of Australia

April 2012

**Pioneering The Unexplained World**

**REPORTING ON RECENT NEWS AND STUDIES OUTSIDE  
MAINSTREAM SCIENTIFIC ENDEAVOUR,  
IN A QUEST FOR TRUTH.**

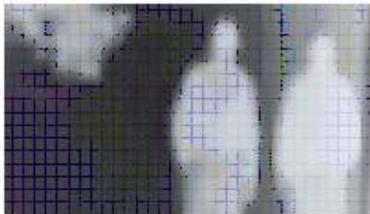


Research of Australian Close Encounters

*pr2d*

Paranormal Research, Second Division

**Covering a broad, cross disciplinary approach to paranormal events**



Strange Apparitions



Eerie Encounters



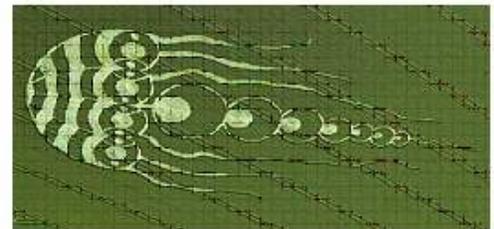
Psychic perception



Ufo Sightings



Truth Behind Legend

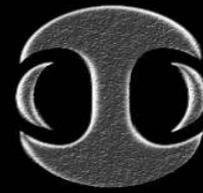


The Unexplained

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# April 2012



*Lorraine Cilia*

## PRESIDENT'S REPORT

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Est 2000 (formerly known as the  
UFO Society of Western Sydney)

[www.ufosociety.net.au](http://www.ufosociety.net.au)

#### Meeting Calendar 2012 Wednesdays

February 8 <sup>th</sup>	July 11 <sup>th</sup>
March 14 <sup>th</sup>	August 8 <sup>th</sup>
April 11 <sup>th</sup>	September 12 <sup>th</sup>
May 9 <sup>th</sup> **	October 10 <sup>th</sup>
June 13 <sup>th</sup>	November 14 <sup>th</sup>

(\*\* Special date)

### Greetings to all my Earthling and Alien Friends!

Since the first 4 episodes of Eerie Encounters has aired on TVS we have had great feedback and received a myriad of UFO sighting reports and strange paranormal occurrences.

This has got me thinking about Sixth Sense, Intuition, Premonition and 'Is there such a thing as Cosmic consciousness' and can it be proven?

Recent experiments are suggesting that all living things are connected – something that the 'fringe' community has purported for a very long time. But some of these results have yielded even stranger ideas.

If we believe in a connection between people who are geographically separate, such as in twins, then there must be an underlying mechanism. But it would appear to have a methodology that applies to all living things.

For instance, why is it that some plants can be pared and still yield the cut portion on a photographic plate? This apparent 'memory' reaches out all the time in all directions and has been described as everything from aura to living force. This month we will present the recent study and outcomes which lend plenty of support to these descriptions, even though they were termed long before any serious study gave them a credible voice.

For most, it was about experience. As we all know, once you have lived such an event, whatever it might be, there is no longer any argument about 'if'. All that is left is to try to understand what it was that happened.

David Wilcock began the Source Field Investigations for just such a journey. His work began an interest for many individuals and for others, simply got done that which many of us could not do. Now, scientists all over the world are being given greater 'elbow room' to pursue this strange force.

During meditation and transcendental meditation, some of us are able to project their astral or cosmic consciousness to far away places. This was quickly picked up by the military and developed into a spying programme, termed "Remote Viewing" But even those of us who are unaware are making an impact.

This was verified on a global scale when Kylie Minogue and Delta Goodrem were both diagnosed with cancer and cured with the help of a concentration of mass healing energy, projected in the form of thought, from all over the world. Is this then, the Cosmic Consciousness that connects us all? And by all, I mean all living things, even plants and water.

We have all been told to talk tenderly to plants and play serene music in their growing environment and this will produce healthy plants. On the other hand if you abuse them, verbally, and bombard them with distasteful music, they will shrink and their growth will be stunted. This is an experiment that you can conduct yourselves. It even affects the water that you are feeding them.

Dr. Masaru Emoto from Japan has been researching how thought and intention affects water crystals. Using key words such as Love, Peace and Thank you, he found that the water crystals formed beautiful perfect patterns. When key words such as Hate and Kill were used, the water crystals were deformed. Our bodies consist of 90% water, in the future, think before you speak, and remember, the future is in all our hands.

Lorraine Cilia President.

**Next meeting for 2012: May 9th**



*All Meetings are held at the Campbelltown Arts Centre, Corner of Camden Road and Appin Road, Campbelltown, NSW 2560*

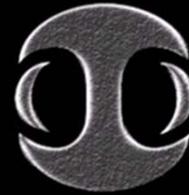
*Reserve your seat at: [ufoprsa@optusnet.com.au](mailto:ufoprsa@optusnet.com.au)*

*Entry: \$6.00 for members.*

*\$10.00 for non-members*

***Doors open 6.45pm for a 7.00pm start (Coffee & tea provided.)***

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*Kellie Pataky*

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*'For everything you have missed, you have gained something else; And for everything you gain, you lose something else. It is about your outlook to life. You can either regret or rejoice.'* Anon

This month was very exciting for the group with the wedding of our lovely group member Tiffany Alicajic to Andrew Vaughan on the 31<sup>st</sup> March. Being one of her bridesmaids, I got to spend all day with Tiffany sharing the magical moment with the nuptials at The Shore Chapel and then followed by an amazing reception at The Great Hall at Sydney University. The day came off with absolute perfection, which is what we would expect from Tiffany anyway! UFO-PRSA wish the new Mr & Mrs Vaughan all the very best for their future together and look forward to catching up with Tiffany on our next investigation at the end of the month.



This month's raffle prize is *'Awakening'*, produced by authoritative Australian meditation expert Yogi Brahasamhara. Written for both experienced meditators and beginners, *Awakening* is a bestselling classic. This updated edition provides step-by-step exercises on the three 'essences' – letting go of tension, mastering the correct breathing techniques, and stilling the unquiet mind. Once you have learn't the basics, you're equipped to progress to a more profound understanding of meditative wisdom, and to discover that place of serenity and stillness that everyone craves in an increasingly busy and stressful world. Written in a warm, easy-to-follow manner, this book mixes comprehensive text with Brahasamhara's humorous personal stories.

Kellie Pataky

## EERIE ENCOUNTERS DVD SERIES

The first Eerie Encounters Series has now gone to air on TVS.



The Last of the 5 part Series of Eerie Encounters goes to air this week on TVS. So far, there has been enough feedback to determine that the show was well received. The Next Disc in the Series will be available from the end of April, 2012.



The master is being sent for reproduction as we go to press. The second disc will include both episodes of the double episode saga 'Shadow people' and 'Superman'.

Although these discs will display on ordinary Standard definition Televisions, each of the discs has been produced in HD 1080i and will look best when displayed on an HD screen. This means that as televisions and screens move over to all digital reception in HD, these discs will display at the best possible resolution. In effect, we have started as we mean to go on.



We are currently working on the next episode shoot location and scripting. Anyone interested in the project should contact Dominic through the Society. We are always looking for extra crew help and 'extras' to populate scenes.

As soon as there is one more episode that has been cut and produced this year, a third Disc will be available containing episode 5 and 6.

Episode 5, which is currently airing, is a compilation of two events which have actually happened to the Society committee itself. The new series will once again concentrate on the bizarre events that people have reported and have been chased down by the Society in order to gather whatever information there is available in order to at least present the facts in issue.

Episode 6 will concentrate on the events which took place on the Hawkesbury River, North of Sydney involving an overnight fishing trip. Copies of the Series are available from the Society and from the following outlets; Eliabaeth's Crystal Garden, Campbelltown - AUFORN UFOlogist magazine book list – Urchin Books, Marrickville.

Dominic McNamara, Director

# EERIE ENCOUNTERS



NSW, Liverpool  
08-04-2011 3:30

Now I want to make this clear at the beginning that this felt like an overly vivid dream... so vivid I remember the feelings and even the pain... the discomfort and the fear... I am a skeptic... but this experience has left me thinking... a little background about myself. I am a mathematics and physics enthusiast, mainly in string theory and quantum mechanics... I believe things when I see them.. but this experience has left me questioning myself and what I felt and experienced.

I was asleep in my bed and in my dream I work up and felt the sudden urge to go outside... I felt like something was calling me to go out onto my front lawn... when I went out onto my lawn and I was standing there for what felt like 20 mins... and I noticed a red ring of stars... then a larger orange ring of stars on the exterior. after I noticed this the street light started to flicker and turn off.

The rings of stars started to solidify and became part of a larger object. I attempted to run inside and call out to my parents, who were asleep in the front room, but I couldn't... I couldn't talk nor could I move... I felt what I can explain as a moment of tranquility and compliance... it was a feeling I can not explain... it was like coming to terms with your on fate... also it felt like electricity was running through my body...



I felt pins and needles and what I can explain as a numbness... as soon as these feelings became apparent... I began to float towards the object in the sky, which I can describe as a round object from the bottom it looked like 2 rings of stars... the inner star was red in colour and the outside lights were orange yellow in colour... I was raised in to the object. I then found

myself in a cylindrical room... it seemed like a coffin, but not...i cant explain it... while I was in this cylindrical "room" I heard a voice ask me... "who is your leader?", "how many people on your planet?", "how many in your military?".... when I told them I didn't know and couldn't answer them... objects that resembled knives and other sharp objects started to materialize out of the wall in front of me... they began to menace me with these objects... asking me to tell them what they wanted to know...

I continued to tell them I don't only answering that Julia Gillard was in charge of Australia and the leader of the free world was Barrack Obama... then the next thing I remember is waking up in bed...

I passed it off as a dream, and fell asleep again... however this dream has been plaguing me all day... I can't stop thinking about it... I've been thinking about it all day. Something in me told me to check online for "7/04/12 Alien Abductions Australia" in Google and your website came up on what I believe was page 4... (i can't go back 'cause I don't wanna lose what I typed)

If you have any other people email you regarding the 7/04/12 and similar experiences let me know... my logical mind tells me its a dream... but something tells me it wasn't; its just in my gut... if there is such a thing...



# Psychic **QP** Perception

## Past Lives

By Kellie Pataky



**Continued from February's edition**

So what exactly is lucid dreaming and how is it facilitated?

A lucid dreamer is somebody who has, by accident or by training, managed to become aware of the fact that they are dreaming during a dream state. Up to that point it is as if consciousness has been simply observing a dream sequence as an audience member observes a movie. Actually it is more complex than this. For most of us a dream experience seems totally real. We are viewing the dream from a first person viewpoint, and are enclosed by the dream environment in exactly the same way that the world surrounds us in waking life. However, this is not waking life. We can experience the oddest events, but we simply accept them. We can fly, meet odd creatures, and we perceive these things in a peculiar 'dreamscape' that can be totally at odds with the 'real' world of consensual reality. But at no time does the oddness make us aware that we are dreaming. For a lucid dreamer can suddenly become aware of being in a dream-state. I wonder if we experience this in waking life when we sometimes get ongoing glimpses of another, deeper reality. Is this us 'waking up' within our ongoing 'waking dream' as suggested by a whole series of modern movies such as *Waking Life*, *Fight Club*, and *Vanilla Sky*? The lucid dreamer seems to move from being an observer of a dream, if that makes any sense. It is a sudden change of perceptual location. Not in real space but in psychic space.

In making this perceptual shift the lucid dreamer moves from a role of passive observer of dream events to a controller of dream events. They acquire almost god-like skills through which they can manipulate the world around them.

What they regularly report is that perceptions are heightened during a lucid dream. The environment encountered is imbued with a reality far greater than a normal dream. Now what is of significance is that 93 per cent of Twemlow's respondents claimed that their OBE was 'more real than a dream'.

This is a very important comment. The perception that the experience was 'more real than a dream' does not presuppose that the experience was not a dream, but simply a more vivid version of a dream. There is another factor relating to the OOB state that has not been picked up by writers on the subject, that is, the experiencer is aware of having an unusual experience. In other words they are self-aware during the experience. This state of self-awareness, together with hyper-intense perceptions, is the reasons why both experiences and researches consider the OOB state to be different from a dream state. But, these clues suggest the contrary – that the OBE is a lucid dream state.

As mentioned above, a self-aware lucid dreamer can manipulate his or her dream world with powers that are unthinkable in consensual reality.

Indeed, many practised lucid dreamers use these abilities to confirm that they are in such a state. Robert Waggoner, an accomplished lucid dreamer and author of a fascinating book on the subject, explained that he could, to a fair degree, control his dream environment and make it 'plastic'.

Further, although many of the beings he encounters in his dream state are clearly projections of his mind, some, in his opinion, are not. He explained that in one lucid dream he saw in front of him a group of people wearing large hats. He flew over them and took great pleasure in knocking off the hats. This action gained no reactions until one of the 'beings', put his hand up to stop Waggoner hitting his hat and then purposefully ducked to avoid the impact. This showed pre-meditated action and self-volition on the part of the being.

Another fascinating experienced lucid dreamer and author is Thomas Yuschak. According to Yuschak, there are two types of lucid dreams. He explains that with the terminology of LD enthusiasts, these are called 'DILDs' (dream-induced lucid dreams) and 'WILDs' (wake-induced lucid dreams).

A DILD is the classic lucid dream in that the person becomes aware whilst already dreaming that they are in a dream state. A WILD involves an immediate change from waking state to lucid dream state, with no transition and no loss of consciousness. This transition is usually accompanied by, as Yuschak describes it, 'some intense sensations such as feeling a floating, strong vibrations, and/or rapid accelerations'.

Yuschak believes that when he experiences a WILD he describes how his body seems to be accelerated towards the location where the WILD will take place.

Another important point is that he regularly describes how he sees his body in the LD and how everything is not all 'dreamlike'.

If you read the articles suggesting that LDs and OBEs are different, these are two of the elements that are cited as classic differentials; another being that in a lucid dream there is no transition state – the dreamer just finds themselves somewhere – but clearly this is exactly what this writer does not experience. He has a very clear transition state, identical in every way to an OBE, including the lifting out of the body and seeing it on the bed.

He also makes a point that in a WILD there is a continuity of awareness and that the lucid dreamer is fully aware of their personality and memories. They know exactly who they are and their memory history. He states: 'Lucid dreamers consider this to be a transition into a dream whereas Astral Travellers believe it is real'

This is a very important point. In a fascinating description of this transition state, Yuschak describes how sometimes he feels as if he is 'rolling over' and then finds himself floating at a point near the ceiling. This is indeed very similar to Robert Monroe's 'rolling over' technique as he writes in *Journeys Out of the Body*. Monroe describes a vivid 'self-dream' in which he found himself feeling the rug on his bedroom floor, describing the amazement as his fingers went through the floor and into the floor below. On doing so he felt the rough upper surface of the ceiling of the room below. He then felt a small triangular piece of wood, a bent nail and some sawdust. On first encountering this description, it is easy to evaluate it as evidence of a genuine out-of body perception of objects that actually exist in consensual reality. The bent nail and wood chip are exactly what one would expect to find in an area between floorboards and ceiling boards. However, and this is an important point, the very fact that one would expect such things to be there, may also suggest that this is some form of dream created out of expectations.



That this may have been the case is evidenced by what happened next:

I pushed my hand still deeper. It went through the first floor ceiling and I felt as if my whole arm was through the floor. My hand touched water. Without excitement, I splashed the water with my fingers.

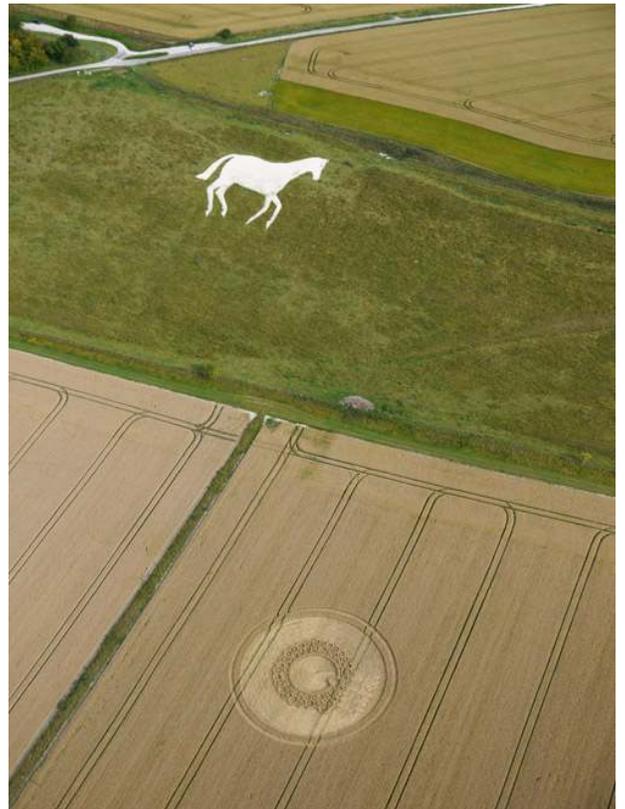
This is described by Robert as an out-of-body experience, yet likely it is not. It is hard to imagine that here happened to be a pool of water, hovering at the top of the room below, and so deep that he could splash it with his fingers. It seems that it was more likely a lucid dream state.

So what evidence is there for belief that the lucid-dream state and the out-of-body experience are aspects of the same phenomenon? Be sure to read June edition of the PT.





**Roundway Hill (2), nr Devizes, Wiltshire. Reported 25th July, 2011**



"Crop Circle photos and reports courtesy The Crop Circle Connector ([cropcircleconnector.com](http://cropcircleconnector.com))".



## SIGHTING REPORTS

Westhead Hawkesbury  
21-09-1998 04:30

Im a keen fisherman and the word was out that it was going to be good on this september morn.I launched at Akuna Bay around 4am-ish and hit full speed all the way round towards the mouth of the hawkesbury as I appraoched West Head I noticed an orange light wobbling about 50 metres above the waterline in front of lion island.there were traulers working so my first thought was its a mast light,it would have been a good kilometer away so I let it go and continued towards the mouth.To my surprise it had risen up higher and started to develop a brighter pulse like rythm so much so that I started to think id missjudged my nocturnal navigation skills and I was looking at Palm beach lighthouse! As I slowed down my 60 horsepower boat to work out whats going on the light starts flashing brilliant bluish kind of sparks and starts moving north towards Umina,ok it was a plane or chopper.so I continue to crank her up and head out for a tuna session with my pet dog. Now im moving east and this thing I noticed is moving up high to my north,i pulled out my trusty dolphin torch and flash it a couple times and it returned my signal,what? So I decide to slow down and have a look because there was a bit of swell running and I couldnt see it properly while bone smashing through swells.I flashed it the standed SOS pattern and it returned it,i drove the boat in a circle and it flew a huge arc around the sky above and stopped

mechanically what I suspect was exactly where it started, I'd also noticed that as soon as it moved its colour went from orange to its blue almost 'camera flashing' flashes.Now if there wasnt all the trualers out id haved hooked for dry land but I felt reassured by all the boats out with me.Now I up the anty and do two high speed circles stopped facing it front on and flash my navigation lights on and off spin the boat around and hit my sternlight on and of.at this stage it was just above the water about 100 meters to the north between Westhead and the Patonga cliffs and I could see the lights of Brooklyn up the Hawesbury river as it silently took off and did two incredibly fast arcs straight above me flashing all the way then came down in what had to be described as perfection and stopped just above the waterline.it turned red then green and then Whammmmm! Im soaked in a brilliant gold light comming from it,i started the lords prayer whilst I hid on the floor under the dash.as I snuck a peek out the side I noticed that the light didnt have a light trail along the water back to its sorce like every other light coming from brooklyn.Thats it all I remember other than looking straight at it,it now being orange and im completely relaxed doing a pee over the side and as it starts its movement flashes its now daylight and its invisible other than its flash then moves out to the east blink flashing.The mostexciting trip ever.The best part is all my friends laughed at me when I told them until they saw the collaroy incident later that year

Warners Bay, NSW  
31-03-2012 20:00

Whilst having friends over for a BBQ, I witnessed a bright object very high moving south to north, it looked similar to a star with an orange tinge. It traveled for approx 30cm across the sky and disappeared. 10 minutes later a second object appeared much larger and moving North to south. It appeared to be getting closer to us before it slowed down to a near stop and lit up like a bright flash of white light, similar to that of a camera flash then resumed a course 90 degrees to its right side before disappearing 30 seconds later. my son and myself have both have video of the event. I recorded on my Blackberry phone video camera and my son used his iPod touch. Both videos show the UFO. I do not want to be made a media face as I work in a job where my personal identity must remain discreet. I would like the video footage to be analysed by experts and I would like to see it with some filters, slowed down and such but have no clue in video editing. I have also had 2 previous sightings. one of which was 2 weeks before this one where I also had multiple witnesses. I have also experienced lost time after an incredible sighting in 1994. All of these sightings were in the same place similar times of day. I would really like to speak with people who wont mock me as I know the truth and although the footage I have is not very good quality, it is real and it is proof.

\*\*\*\*\*

Bradbury, NSW  
20-03-2012 09:35

The strange thing about the following image and report is the accompanying object nearby the Helicopter being photographed.

.....”As an observant UFO enthusiast I have recently inadvertently photographed numerous craft from my back garden. Recent activity of low flying craft - helicopters and large airplanes alerted me today to a hovering helicopter in the same vicinity of the craft which appeared on the front page of the Daily Telegraph 14 March 2012.”



Cropped



Original



Magnified

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## *Eerie Encounters* —

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*Disc One is already available for purchase on DVD from the Society for \$20.00.*

*Disc Two is available for ordering  
This disc contains a double Episode 3  
and 4 'Apparitions' part 1 and 2.*

*Case 4 part 1 'Shadow people'  
Case 4 part 2 'Superman'*

*Please see a Committee member or visit  
our website [www.ufosociety.net.au](http://www.ufosociety.net.au)*

**You can also view excerpts from  
the new DVD on our Youtube  
channel**

<http://www.youtube.com/user/ufoprsa>



# FACTFINDER



**Michelle Uznik**

**Q-Station:** This issue will look at some results the group obtained in their investigation at Q-Station. Q-Station is the name now given to the old quarantine station located at North Head near Manly. This was the first stop for many ships arriving in Australia for over 140 years. Q-Station is renowned for its many ghosts, and so the team thought it would be a good place for an investigation.

During this investigation they looked at many of the most haunted buildings in the complex. Although they experienced a lot of activity neither Kellie or guest medium Sharon Hood picked up much information in these places. It was not until they began the spirit board that some useful information was obtained.

Using the spirit board they made contact with a spirit that identified himself as Paddy. Unfortunately no surname was given, and Paddy is a nickname. The spirit did give his time of arrival as October 1887, and the name of the ship as the 'Diamond'. He also gave a year of death as 1917.

My research has shown that there were two ships with the name 'Diamond' operating in Australian waters at that time. One was a cargo ship that was carrying timber, and newspaper reports have the ship in Brisbane in early October, preparing to head to Sydney. These same newspaper reports also mention an outbreak of malaria on board. I could find no list of names of those on board the ship beside the captain.

The other was a ship coming from New Zealand, but only some crew members were named, none named Paddy or similar.

A search of deaths in 1917 for the name Paddy got no results, but when I searched using Patrick, which Paddy is often the nickname for, I found a possible match. When the certificate arrives I will let you know if it is actually our Paddy from the Q-Station.



Next issue I will look at results from the investigation at the Bush Ranger hotel in Collector.

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